



TOWN OF EAST HAMPTON

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JOHN ROONEY
SUPERINTENDANT OF RECREATION

Summer Ocean Lifeguard Certification Course

at

Indian Wells Ocean Beach

Minimum Age 16 (as of 8/9/22)

Mondays & Wednesdays - 6:00 to 8:00 pm - Rain or Shine

6/20 6/22 6/27 6/29 7/4 7/6 7/11 7/13 7/18 7/20 7/25 7/27

Important Note: You must be in "Good" swimming shape to start this course

You should be able to do 10 laps (250 yds.) of freestyle in good form where the best and fastest lap is the last lap

Course Fee **\$165** (ReCert. is Fee **\$65**)

Register online - Go to ehamptonny.gov

Practical Tests

Tuesday, August 2 at 8 am – Main Beach
Monday, August 8 at 8 am – I. W. Beach

Lecture & Written Test

For New Trainees Only
After Practical Test

Important Reminders:

This is a Training Course not just practice.

It is your responsibility to make up missed work.

You need a Doctor's Physical on our TEST FORM to take our Practical Test

Make-up training can be made At Indian Wells Beach on weekdays at 10:00 am.
Contact Robert Pucci or T J. Calabrese to set this up.

All Lifeguards must have their CPR Course renewed every year.

Program Director
John J. Ryan Jr.

Ocean Course Instructors
TJ Calabrese
Bob Pucci

Program Coordinator
John J. Ryan Sr.
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