



TOWN OF EAST HAMPTON

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JOHN J. RYAN Jr.
CHIEF LIFEGUARD



EAST HAMPTON TOWN LIFEGUARD CADET PROGRAM

This program will **PROMOTE** beach safety and awareness of local area beaches. **EDUCATE** young men and women in the role of an ocean lifeguard, and **ENCOURAGE** both young men and women who one day will pursue a lifeguard certification and become an open water lifeguard to protect others.

Meeting Dates:

Saturdays & Sundays: 12:30 to 2:00 pm
Wednesdays: 3:00 to 4:00 pm
Beginning: Saturday, June 25th
Ending: Monday, August 1st

Location:

Atlantic Avenue Beach, Amagansett

**All Cadets will meet on Wednesday at
Atlantic Avenue Beach, Amagansett**



Sign –up Register online Go to - ehamptonny.gov
Course Fee: \$90.00

Prerequisites:

- Age Range 15 & 16 years old - 15 years old by July 1, 2022 – not 17 years old by 6/15/22
- 2 years of experience in a Junior Lifeguarding Program or a working knowledge of the ocean environment.
- Recommended only – Suffolk County Stillwater or American Red Cross Lifeguard certification.

Goals & Objectives of our Program:

1. To have fun while we learn more about our ocean and water environments
2. To provide training in water safety and ocean beach swimming skills
3. To develop lifeguarding skills in learning to work together as a team
4. To learn what it takes to be responsible for the safety of other as an ocean lifeguard
5. To help teach courtesy, respect for authority, and discipline as a working lifeguard.

Register online - Go to ehamptonny.gov

Program Director
Jeff Thompson
Chris Cinque

Program Coordinator
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Lead Instructors
Brian Cunningham
Andrew Winthrop

Do you have what it takes?